MASTER ROSTER FOR THE MONTH OF NOVEMBER- 2026

HOTLINE NUMBER FOR EMERGENCY: 7022163232 (with-in campus)

Psychiatric Social Worker Duty Roster:

Date	6AM to 1PM	1PM to 8PM	8PM to 6AM
1st Nov Sun	Joshua	Nikita OR Manjusha	Jeet OR Delna
2nd Nov Mon	Justin Seethalakshmi	Aksa Joshua Manjusha	Nikita Tanveer Jeet
3rd Nov Tues	Delna Tamanna	Justin Seethalakshmi Joshua	Aksa Manjusha Nikita
4th Nov Wed	Jeet Tanveer	Delna Tamanna Seethalakshmi	Justin Joshua Aksa
5th Nov Thurs	Nikita Manjusha	Jeet Tanveer Tamanna	Delna Seethalakshmi Justin
6th Nov Fri	Aksa Joshua	Nikita Manjusha Tanveer	Jeet Tamanna Delna
7th Nov Sat	Justin Seethalakshmi	Aksa Joshua Manjusha	Nikita Jeet Tanveer
8th Nov Sun	Delna	Justin OR Seethalakshmi	Aksa OR Nikita
9th Nov Mon	Tanveer	Delna OR Tamanna	Aksa OR Joshua
10th Nov Tues	Nikita Manjusha	Jeet Tanveer Delna	Tamanna Justin Seethalakshmi
11th Nov Wed	Aksa Joshua	Nikita Manjusha Tanveer	Jeet Delna Tamanna
12th Nov Thurs	Justin Seethalakshmi	Aksa Joshua Manjusha	Nikita Jeet Tanveer
13th Nov Fri	Delna Tamanna	Justin Seethalakshmi Joshua	Aksa Nikita Manjusha
14th Nov Sat	Jeet Joshua	Delna Tamanna Seethalakshmi	Justin Aksa Tanveer
15th Nov Sun	Nikita	Jeet OR Tanveer	Delna OR Justin
16th Nov Mon	Aksa Joshua	Nikita Manjusha Tanveer	Jeet Delna Tamanna
17th Nov Tues	Justin Seethalakshmi	Aksa Joshua Manjusha	Nikita Jeet Tanveer
18th Nov Wed	Delna Tamanna	Justin Seethalakshmi Joshua	Aksa Nikita Manjusha
19th Nov Thurs	Jeet Joshua	Delna Tamanna Seethalakshmi	Justin Aksa Tanveer
20th Nov Fri	Nikita Manjusha	Jeet Tanveer Tamanna	Delna Justin Seethalakshmi
21st Nov Sat	Aksa Joshua	Nikita Manjusha Tanveer	Jeet Delna Tamanna

22nd Nov Sun	Justin	Aksa OR Joshua	Nikita OR Jeet
23rd Nov Mon	Delna Tamanna	Justin Seethalakshmi Joshua	Aksa Manjusha Nikita
24th Nov Tues	Jeet	Tamanna OR Seethalakshmi	Justin OR Aksa
25th Nov Wed	Nikita Manjusha	Jeet Tanveer Tamanna	Delna Justin Seethalakshmi
26th Nov Thurs	Aksa Joshua	Nikita Manjusha Tanveer	Jeet Delna Tamanna
27th Nov Fri	Justin Seethalakshmi	Aksa Joshua Manjusha	Nikita Tanveer Jeet
28th Nov Sat	Delna Tamanna	Justin Seethalakshmi Joshua	Aksa Nikita Manjusha
29th Nov Sun	Jeet	Delna OR Tamanna	Justin ORAksa
30th Nov Mon	Nikita Manjusha	Jeet Tanveer Tamanna	Delna Justin Seethalakshmi

List of Holidays	Holiday
9-11-2026	Deepawali
24-11-2026	Guru Nanaks Birthday

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Jeet Nath	9611248275
Nikhitha	7204256622
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Delna	6366921322

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 9:00am-3:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Thursday: - 5:00pm-8:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 2:00pm-5:00pm Wednesday: - 2:00pm-5:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 10:30am -1:30pm Friday: - 10:30am -1:30pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Sunday: 11:00am – 2:00pm Friday: - 5:30pm -8:30pm

PSYCHOLOGIST DETAILS

Savitha M S Landline Number: - **080-22933628** Contact Number: - **6364469840** Mail Id: - savithams@iisc.ac.in	**Timings: -** Monday, Tuesday, Thursday, Friday: - 10:00am-6:00pm Wednesday: -11am – 7pm Saturday: - 9am – 1pm
Shridhar B G Landline Number: - **080-22933629** Contact Number: - **8310863505** Mail Id: - shridharbg@iisc.ac.in	**Timings: -** Tuesday, Friday: - 9am – 6pm Wednesday: - 8:30am – 4:30pm Monday Thursday: - 12pm – 8pm Saturday: - 9am - 1pm
Swetapragyan Panda Landline Number: - **080-22933818** Contact Number: - **8929789550** Mail Id:- swetapragyan@iisc.ac.in	**Timings: -** Wednesday, Thursday:- 10:00am-6:00pm Friday:- 9:30am – 5:30pm Monday, Tuesday: -12pm – 8pm Saturday: - 9am – 1pm/1pm - 5pm
Vasundhara Landline Number: - **080-22933817** Contact Number: - **8077342430** Mail Id:- vasundhara2@iisc.ac.in	**Timings: -** Tuesday, Wednesday, Friday and Thursday: - 10:00am-6:00pm Monday: -12pm – 8pm Saturday:- 9am – 1pm/1pm - 5pm
Sanchari Maity Landline Number: - **080-22933627** Contact Number: - Mail Id: - sancharim1@iisc.ac.in	**Timings: -** Monday and Saturday: - 10:00am-6:00pm Tuesday: -11:00am-7:00pm Wednesday and Friday: 12:00pm-8:00pm Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal Psychologist	Thursdays: - 11:00am-6:00pm