

MASTER ROSTER FOR THE MONTH OF OCTOBER- 2026

HOTLINE NUMBER FOR EMERGENCY: 7022163232 (with-in campus)

Psychiatric Social Worker Duty Roster:

Date	6am-1pm	1pm-8pm	8pm-6am
1 st oct, Thu	Nikhitha Joshua	Jeet Tanveer Delna	Tamanna Justin Seethalakshmi
2 nd oct, Fri	Joshua	Nikhitha OR Manjusha	Delna OR Tamanna
3 rd oct, Sat	Justin Seethalakshmi	Aksa Joshua Nikhitha	Tamanna Tanveer Jeet
4 th oct, Sun	Delna	Justin OR Seethalakshmi	Manjusha OR Nikhitha
5 th oct, Mon	Jeet Tanveer	Delna Tamanna Justin	Seethalakshmi Aksa Joshua
6 th oct, Tue	Nikhitha Manjusha	Jeet Tanveer Delna	Tamanna Justin Seethalakshmi
7 th oct, Wed	Aksa Joshua	Nikhitha Manjusha Jeet	Tanveer Delna Tamanna
8 th oct, Thu	Justin Seethalakshmi	Aksa Joshua Nikhitha	Manjusha Jeet Tanveer
9 th oct, Fri	Delna Tamanna	Justin Seethalakshmi Aksa	Joshua Nikhitha Manjusha
10 th oct, Sat	Jeet Tanveer	Delna Tamanna Justin	Seethalakshmi Aksa Joshua
11 th oct, Sun	Nikhitha	Jeet OR Delna	Tamanna OR Seethalakshmi
12 th oct, Mon	Aksa Joshua	Nikhitha Jeet Manjusha	Tanveer Tamanna Delna
13 th oct, Tue	Justin Seethalakshmi	Aksa Nikhitha Joshua	Manjusha Jeet Tanveer
14 th oct, Wed	Delna Nikhitha	Justin Aksa Seethalakshmi	Joshua Manjusha Tamanna
15 th oct, Thu	Jeet Tanveer	Delna Justin Manjusha	Seethalakshmi Joshua Aksa
16 th oct, Fri	Nikhitha Manjusha	Jeet Delna Tanveer	Tamanna Seethalakshmi Justin
17 th oct, Sat	Aksa Joshua	Nikhitha Jeet Manjusha	Tanveer Tamanna Delna
18 th oct, Sun	Seethalakshmi	Aksa OR Nikhitha	Manjusha OR Tanveer
19 th oct, Mon	Delna Tamanna	Justin Aksa Seethalakshmi	Joshua Manjusha Nikhitha
20 th oct, Tue	Jeet	Delna OR Justin	Seethalakshmi OR Aksa
21 st oct, Wed	Tamanna Manjusha	Tanveer Delna Jeet	Justin Seethalakshmi Nikhitha
22 nd oct, Thu	Aksa Joshua	Manjusha Jeet Nikhitha	Delna Tamanna Tanveer
23 rd oct, Fri	Justin Seethalakshmi	Joshua Nikhitha Aksa	Jeet Tanveer Manjusha
24 th oct, Sat	Delna Tamanna	Seethalakshmi Aksa Justin	Nikhitha Manjusha Joshua
25 th oct, Sun	Jeet	Tamanna OR Justin	Aksa OR Joshua
26 th oct, Mon	Nikhitha Manjusha	Tanveer Delna Seethalakshmi	Jeet Justin Tamanna
27 th oct, Tue	Joshua Tamanna	Manjusha Delna Nikhitha	Jeet Aksa Tanveer
28 th oct, Wed	Justin Seethalakshmi	Joshua Nikhitha Aksa	Jeet Tanveer Manjusha
29 th oct, Thu	Delna Tamanna	Seethalakshmi Aksa Justin	Nikhitha Manjusha Joshua

30 th oct, Fri	Jeet Tanveer	Tamanna Justin Delna	Aksa Joshua Seethalakshmi
31 st oct, Sat	Nikhitha Manjusha	Jeet Tanveer Delna	Tamanna Justin Seethalakshmi
*Holidays	2nd October: Gandhi Jayanthi	20th October: Dussehra	

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Jeet Nath	9611248275
Nikhitha	7204256622
Delna	6366921322

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 9:00am-3:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Thursday: - 5:00pm-8:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 2:00pm-5:00pm Wednesday: - 2:00pm-5:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 10:30am -1:30pm Friday: - 10:30am -1:30pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Sunday: 11:00am – 2:00pm Friday: - 5:30pm -8:30pm

PSYCHOLOGIST DETAILS

Savitha M S Landline Number: - 080-22933628 Contact Number: - 6364469840 Mail Id: - savithams@iisc.ac.in	Timings: - Monday, Tuesday, Thursday, Friday: - 10:00am-6:00pm Wednesday: - 11am – 7pm Saturday: - 9am – 1pm
Shridhar B G Landline Number: - 080-22933629 Contact Number: - 8310863505 Mail Id: - shridharbg@iisc.ac.in	Timings: - Tuesday, Friday: - 9am – 6pm Wednesday: - 8:30am – 4:30pm Monday Thursday: - 12pm – 8pm Saturday: - 9am - 1pm
Swetapragyan Panda Landline Number: - 080-22933818 Contact Number: - 8929789550 Mail Id:- swetapragyan@iisc.ac.in	Timings: - Wednesday, Thursday:- 10:00am-6:00pm Friday:- 9:30am – 5:30pm Monday, Tuesday: -12pm – 8pm Saturday: - 9am – 1pm/1pm - 5pm
Vasundhara Landline Number: - 080-22933817 Contact Number: - 8077342430 Mail Id:- vasundhara2@iisc.ac.in	Timings: - Tuesday, Wednesday, Friday and Thursday: - 10:00am-6:00pm Monday: -12pm – 8pm Saturday:- 9am – 1pm/1pm - 5pm
Sanchari Maity Landline Number: - 080-22933627 Contact Number: - Mail Id: - sancharim1@iisc.ac.in	Timings: - Monday and Saturday: - 10:00am- 6:00pm Tuesday: -11:00am-7:00pm Wednesday and Friday: 12:00pm-8:00pm Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal Psychologist	Thursdays: - 11:00am-6:00pm
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