

MASTER ROSTER FOR THE MONTH OF SEPTEMBER- 2026

HOTLINE NUMBER FOR EMERGENCY: 7022163232 (with-in campus)

Psychiatric Social Worker Duty Roster:

Date & Day	6.00 am to 1.00 pm	1.00 pm to 8.00 pm	8.00 pm to 6.00 am
01/09/26 Tuesday	Seetha-Aksa	Joshua-Manjusha	Nikhita-Jeet, Tanveer
02/09/26 Wednesday	Tamanna-Justin	Seetha-Aksa	Joshua-Manjusha, Nikhita
03/09/26 Thursday	Jeet-Tanveer	Tamanna-Justin	Seetha-Aksa, Joshua
04/09/26 Friday	Manjusha-Nikhita	Jeet-Tanveer	Tamanna-Justin, Seetha
05/09/26 Saturday	Aksa-Joshua	Manjusha-Nikhita	Jeet-Tanveer, Tamanna
06/09/26 Sunday	Justin	Joshua	Manjusha or Nikhita
07/09/26 Monday	Tamanna-Tanveer	Justin -Seetha	Aksa-Joshua, Manjusha
08/09/26 Tuesday	Nikhita-Jeet	Tamanna-Tanveer	Justin -Seetha, Aksa
09/09/26 Wednesday	Joshua-Manjusha	Nikhita-Jeet	Tamanna-Tanveer, Justin
10/09/26 Thursday	Seetha-Joshua	Aksa-Manjusha	Nikhita-Jeet, Tanveer
11/09/26 Friday	Tamanna-Justin	Seetha-Tanveer	Joshua-Manjusha, Nikhita
12/09/26 Saturday	Nikita-Tanveer	Tamanna-Justin	Seetha-Aksa, Joshua
13/09/26 Sunday	Nikhita	Aksa	Tamanna or Justin
*14/09/26 Monday	Aksa	Manjusha	Jeet or Tanveer
15/09/26 Tuesday	Justin -Seetha	Aksa-Joshua	Manjusha-Nikhita, Jeet
16/09/26 Wednesday	Tamanna-Tanveer	Justin -Seetha	Aksa-Joshua, Manjusha
17/09/26 Thursday	Nikhita-Jeet	Tamanna-Tanveer	Justin -Seetha, Aksa
18/09/26 Friday	Joshua-Manjusha	Nikhita-Jeet	Tamanna-Tanveer, Justin
19/09/26 Saturday	Seetha-Aksa	Joshua-Manjusha	Nikhita-Jeet, Tanveer
20/09/26 Sunday	Justin	Seetha	Joshua or Manjusha
21/09/26 Monday	Jeet-Tanveer	Tamanna-Justin	Seetha-Aksa, Joshua
22/09/26 Tuesday	Manjusha-Nikhita	Jeet-Tanveer	Tamanna-Justin, Seetha

23/09/26 Wednesday	Aksa-Joshua	Manjusha-Nikhita	Jeet-Tanveer, Tamanna
24/09/26 Thursday	Justin -Seetha	Aksa-Joshua	Manjusha-Nikhita, Jeet
25/09/26 Friday	Tamanna-Tanveer	Justin -Seetha	Aksa-Joshua, Manjusha
26/09/26 Saturday	Nikhita-Jeet	Tamanna-Tanveer	Justin -Seetha, Aksa
27/09/26 Sunday	Manjusha	Jeet	Tamanna or Tanveer
28/09/26 Monday	Seetha-Aksa	Joshua-Manjusha	Nikhita-Manjusha, Tanveer
29/09/26 Tuesday	Tamanna-Justin	Seetha-Aksa	Joshua-Jeet, Nikhita
30/09/26 Wednesday	Jeet-Tanveer	Tamanna-Justin	Seetha-Aksa, Joshua
*Holidays	14th September: Ganesh Chathurthi		

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Jeet Nath	9611248275
Nikhitha	7204256622

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 9:00am-3:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Thursday: - 5:00pm-8:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 2:00pm-5:00pm Wednesday: - 2:00pm-5:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 10:30am -1:30pm Friday: - 10:30am -1:30pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Sunday: 11:00am – 2:00pm Friday: - 5:30pm -8:30pm

PSYCHOLOGIST DETAILS

Savitha M S Landline Number: - 080-22933628 Contact Number: - 6364469840 Mail Id: - savithams@iisc.ac.in	Timings: - Monday, Tuesday, Thursday, Friday: - 10:00am-6:00pm Wednesday: - 11am – 7pm Saturday: - 9am – 1pm
Shridhar B G Landline Number: - 080-22933629 Contact Number: - 8310863505 Mail Id: - shridharbg@iisc.ac.in	Timings: - Tuesday, Friday: - 9am – 6pm Wednesday: - 8:30am – 4:30pm Monday, Thursday: - 11am – 7pm Saturday: - 9am - 1pm
Swetapragyan Panda Landline Number: - 080-22933818 Contact Number: - 8929789550 Mail Id:- swetapragyan@iisc.ac.in	Timings: - Wednesday, Thursday:- 10:00am-6:00pm Friday:- 9:30am – 5:30pm Monday, Tuesday: - 11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm
Vasundhara Landline Number: - 080-22933817 Contact Number: - 8077342430 Mail Id:- vasundhara2@iisc.ac.in	Timings: - Tuesday, Wednesday, Friday and Thursday: - 10:00am-6:00pm Monday: - 11am – 7pm Saturday:- 9am – 1pm/1pm - 5pm
Sanchari Maity Landline Number: - 080-22933627 Contact Number: - Mail Id: - sancharim1@iisc.ac.in	Timings: - Monday, Wednesday, Saturday: - 10:00am-6:00pm Tuesday, Friday: - 11:00am-7:00pm Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal Psychologist	Thursdays: - 11:00am-6:00pm
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