

MASTER ROSTER FOR THE MONTH OF JULY- 2026

HOTLINE NUMBER FOR EMERGENCY: 7022163232 (with-in campus)

Psychiatric Social Worker Duty Roster:

Date	6 AM – 1 PM	1 PM – 8 PM	8 PM – 6 AM
01/07/2026 (Wed)	Tamanna-Justin	Seetha-Aksa	Joshua-Manjusha, Nikitha
02/07/2026 (Thu)	Jeet-Tanveer	Tamanna-Justin	Seetha-Aksa, Joshua
03/07/2026 (Fri)	Manjusha-Nikitha	Jeet-Tanveer	Tamanna-Justin, Seetha
04/07/2026 (Sat)	Aksa-Joshua	Manjusha-Nikitha	Jeet-Tanveer, Tamanna
05/07/2026 (Sun)	Seetha	Aksa	Manjusha or Nikitha
06/07/2026 (Mon)	Tanveer, Tamanna	Justin -Seetha	Aksa -Joshua, Manjusha
07/07/2026 (Tue)	Nikhitha -Jeet	Tanveer -Tamanna	Justin -Seetha, Aksa
08/07/2026 (Wed)	Joshua -Manjusha	Nikhitha -Jeet	Tanveer -Tamanna, Justin
09/07/2026 (Thu)	Seetha -Aksa	Joshua -Manjusha	Nikhitha -Jeet, Tanveer
10/07/2026 (Fri)	Tamanna -Justin	Seetha -Aksa	Joshua -Manjusha, Nikitha
11/07/2026 (Sat)	Jeet- Joshua	Tamanna-Justin	Seetha - Aksa, Tanveer
12/07/2026 (Sun)	Joshua	Jeet	Tamanna or Justin
13/07/2026 (Mon)	Aksa -Joshua	Manjusha -Nikhita	Jeet -Tanveer, Tamanna
14/07/2026 (Tue)	Justin -Seetha	Aksa -Joshua	Manjusha -Nikhita, Jeet
15/07/2026 (Wed)	Tanveer -Tamanna	Justin -Seetha	Aksa -Joshua, Manjusha
16/07/2026 (Thu)	Nikhitha -Jeet	Tanveer -Tamanna	Justin -Seetha, Aksa
17/07/2026 (Fri)	Joshua -Manjusha	Nikhitha -Jeet	Tanveer -Tamanna, Justin
18/07/2026 (Sat)	Seetha -Aksa	Joshua -Manjusha	Nikhitha -Jeet, Tanveer
19/07/2026 (Sun)	Tamanna	Seetha	Manjusha or Joshua
20/07/2026 (Mon)	Jeet -Tanveer	Tamanna-Justin	Seetha -Aksa, Joshua
21/07/2026 (Tue)	Manjusha -Nikhita	Jeet -Tanveer	Tamanna -Justin, Seetha
22/07/2026 (Wed)	Aksa -Joshua	Manjusha -Nikhita	Jeet -Tanveer, Tamanna
23/07/2026 (Thu)	Justin -Seetha	Aksa -Joshua	Manjusha -Nikhita, Jeet
24/07/2026 (Fri)	Tanveer -Tamanna	Justin -Seetha	Aksa-Joshua, Manjusha
25/07/2026 (Sat)	Nikhitha -Jeet	Tanveer -Tamanna	Justin -Seetha,Aksa
26/07/2026 (Sun)	Joshua	Nikhitha	Tanveer or Tamanna
27/07/2026 (Mon)	Seetha -Aksa	Joshua -Manjusha	Nikhitha -Jeet, Tanveer
28/07/2026 (Tue)	Tamanna -Justin	Seetha -Aksa	Joshua -Manjusha, Nikitha
29/07/2026 (Wed)	Jeet -Tanveer	Tamanna -Justin	Seetha -Aksa, Joshua
30/07/2026 (Thu)	Manjusha-Nikitha	Jeet -Tanveer	Tamanna -Justin, Seetha
31/07/2026 (Fri)	Aksa -Joshua	Manjusha-Nikitha	Jeet -Tanveer, Tamanna

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Jeet Nath	9611248275
Nikhitha	7204256622

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 2:00pm-8:00pm
Dr Virupakshi Jalihal Mail ID: virupakshij@iisc.ac.in	Tuesday: - 5:00pm-8:00pm Friday: - 5:00pm-8:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Thursday: - 5:00pm-8:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 2:00pm-5:00pm Wednesday: - 2:00pm-5:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 10:30am -1:30pm Friday: - 10:30am -1:30pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Sunday: 10:00am – 4:00pm

PSYCHOLOGIST DETAILS

Savitha M S Landline Number: - 080-22933628 Contact Number: - 6364469840 Mail Id: - savithams@iisc.ac.in	Timings: - Monday, Tuesday, Thursday, Friday:- 10:00am-6:00pm Wednesday: -11am – 7pm Saturday: - 9am – 1pm
Shridhar B G Landline Number: - 080-22933629 Contact Number: - 8310863505 Mail Id: - shridharbg@iisc.ac.in	Timings: - Tuesday, Wednesday, Friday: - 9am – 5pm Monday, Thursday: - 11am – 7pm Saturday: - 9am - 1pm
Swetapragyan Panda Landline Number: - 080-22933818 Contact Number: - 8929789550 Mail Id:- swetapragyan@iisc.ac.in	Timings: - Wednesday, Thursday, Friday: - 10:00am-6:00pm Monday, Tuesday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm
Vasundhara Landline Number: - 080-22933817 Contact Number: - 8077342430 Mail Id:- vasundhara2@iisc.ac.in	Timings: - Monday, Tuesday and Thursday - 10:00am-6:00pm Wednesday, Friday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm
Sanchari Maity Landline Number: - 080-22933627 Contact Number: - Mail Id: - sancharim1@iisc.ac.in	Timings: - Monday, Wednesday, Saturday: - 10:00am-6:00pm Tuesday, Friday: -11:00am-7:00pm Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal Psychologist	Thursdays: - 11:00am-6:00pm
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