

MASTER ROSTER FOR THE MONTH OF MARCH

HOTLINE NUMBER FOR EMERGENCY: 7022163232 (with-in campus)

Psychiatric Social Worker Duty Roster:

Date & Day	12AM – 6AM	6AM – 12PM	12PM – 6PM	6PM – 12am
01/03/2026 Sunday	Joushua	Aksa	Tamanna	Nikitha
02/03/2026 Monday	Papori- Aksa	Jeet-Tamanna	Tanveer-Nikitha	Justin-Seetha
03/03/2026 Tuesday	Tanveer-Tamanna	Jeet-Nikitha	Justin-Seetha	Manjusha- Joshua
04/03/2026 Wednesday	Jeet-Nikitha	Justin-Seetha	Manjusha- Joshua	Papori- Aksa
05/03/2026 Thursday	Justin-Seetha	Manjusha- Joshua	Papori- Aksa	Tanveer-Tamanna
06/03/2026 Friday	Manjusha- Joshua	Papori- Aksa	Nikitha-Tamanna	Jeet-Tanveer
07/03/2026 Saturday	Papori- Aksa	Justin-Tamanna	Jeet-Nikitha	Tanveer-Seetha
08/03/2026 Sunday	Manjusha	Jeet	Justin	Tanveer
09/03/2026 Monday	Jeet-Nikitha	Justin-Seetha	Manjusha- Joshua	Papori- Aksa
10/03/2026 Tuesday	Justin-Seetha	Manjusha- Joshua	Papori- Aksa	Tanveer-Tamanna
11/03/2026 Wednesday	Manjusha- Joshua	Papori- Aksa	Jeet-Tamanna	Tanveer-Nikitha
12/03/2026 Thursday	Papori- Aksa	Justin-tamanna	Jeet-Nikitha	Tanveer-Seetha
13/03/2026 Friday	Joushua-Tamanna	Jeet-Nikitha	Justin-Seetha	Manjusha-Tanveer
14/03/2026 Saturday	Jeet-Nikitha	Justin-Seetha	Manjusha-Joshua	Papori-Aksa
15/03/2026 Sunday	Seetha	Joshua	Papori	Tamanna
16/03/2026 Monday	Manjusha-Tanveer	Papori-Aksa	Joshua-Tamanna	Jeet-Nikitha
17/03/2026 Tuesday	Papori-Aksa	Tanveer-Tamanna	Jeet-Nikitha	Seetha
18/03/2026 Wednesday	Tanveer-Tamanna	Jeet-Nikitha	Justin-Seetha	Manjusha-Joshua
19/03/2026	Nikitha	Aksa	Manjusha	Papori

Thursday				
20/03/2026 Friday	Justin-Seetha	Manjusha-Joshua	Papori-Aksa	Tanveer-Tamanna
21/03/2026 Saturday	Joshua	Justin	Nikitha	Jeet
22/03/2026 Sunday	Jeet	Seethalakshmi	Manjusha	Papori
23/03/2026 Monday	Tanveer-Tamanna	Jeet-Nikitha	Justin-Seetha	Joshua
24/03/2026 Tuesday	Jeet-Nikitha	Justin-Seetha	Joshua	Papori-Aksa
25/03/2026 Wednesday	Justin-Seetha	Joshua	Papori-Aksa	Tanveer-Tamanna
26/03/2026 Thursday	Joshua	Papori-Aksa	Tanveer-Tamanna	Jeet-Nikitha
27/03/2026 Friday	Papori-Aksa	Tanveer-Tamanna	Jeet-Nikitha	Justin-Seetha
28/03/2026 Saturday	Tanveer-Tamanna	Jeet-Nikitha	Justin-Seetha	Manjusha-Joshua
29/03/2026 Sunday	<u>Jeet</u>	<u>Justin</u>	<u>Manjusha</u>	<u>Aksa</u>
30/03/2026 Monday	Justin-Seetha	Manjusha-Joshua	Papori-Aksa	Tanveer-Tamanna
31/03/2026 Tuesday	Manjusha	Papori	Tanveer	Nikitha

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Papori	6366921322
Jeet Nath	9611248275
Nikhitha	7204256622

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 2:00pm-5:00pm Friday: - 2:00pm-5:00pm
Dr Virupakshi Jalihal Mail ID: virupakshij@iisc.ac.in	Tuesday: - 5:00pm-8:00pm Friday: - 5:00pm-8:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Thursday: - 5:00pm-8:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 2:00pm-5:00pm Wednesday: - 2:00pm-5:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 11:00am -5:00pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Sunday: 10:00am – 4:00pm

PSYCHOLOGIST DETAILS

<p>Savitha M S Landline Number: - 080-22933628 Contact Number: - 6364469840 Mail Id: - savithams@iisc.ac.in</p>	<p>Timings: - Monday, Tuesday, Thursday, Friday:- 9:30am-5:30pm Wednesday: -11am – 7pm Saturday: - 9am – 1pm</p>
<p>Shridhar B G Landline Number: - 080-22933629 Contact Number: - 8310863505 Mail Id: - shridharbg@iisc.ac.in</p>	<p>Timings: - Tuesday, Wednesday, Friday: - 9am – 5pm Monday, Thursday: - 11am – 7pm Saturday: - 9am - 1pm</p>
<p>Swetapragyan Panda Landline Number: - 080-22933818 Contact Number: - 8929789550 Mail Id:- swetapragyan@iisc.ac.in</p>	<p>Timings: - Wednesday, Thursday, Friday: - 9:30am-5:30pm Monday, Tuesday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm</p>
<p>Vasundhara Landline Number: - 080-22933817 Contact Number: - 8077342430 Mail Id:- vasundhara2@iisc.ac.in</p>	<p>Timings: - Monday, Tuesday and Thursday - 10:00am-6:00pm Wednesday, Friday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm</p>
<p>Sanchari Maity Landline Number: - 080-22933627 Contact Number: -</p>	<p>Timings: - Monday, Wednesday, Saturday: - 9:00am-5:00pm</p>

Mail Id: - sancharim1@iisc.ac.in

Tuesday, Friday: -11:00am-7:00pm
Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal
Psychologist

Thursdays: - 11:00am-6:00pm