

Date	6 AM-2PM	2PM -10PM	10PM-6AM
01/12/2025 Monday	Manjusha Joshua	Justin Seethalakshmi	Papori Joshua
02/12/2025 Tuesday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
03/12/2025 Wednesday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa
04/12/2025 Thursday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
05/12/2025 Friday	Papori Aksa	Justin Seethalakshmi	Manjusha Joshua
06/12/2025 Saturday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
07/12/2025 Sunday	Manjusha	Tamanna	Papori
08/12/2025 Monday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
09/12/2025 Tuesday	Papori Aksa	Justin Seethalakshmi	Manjusha Joshua
10/12/2025 Wednesday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
11/12/2025 Thursday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa
12/12/2025 Friday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
13/12/2025 Saturday	Papori Aksa	Justin Seethalakshmi	Manjusha Joshua
14/12/2025 Sunday	Tanveer	Papori	Justin
15/12/2025 Monday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa
16/12/2025 Tuesday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
17/12/2025 Wednesday	Papori Aksa	Justin Seethalakshmi	Manjusha Joshua
18/12/2025 Thursday	Tanveer Tamanna	Aksa Joshua	Justin Seethalakshmi
19/12/2025 Friday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa
20/12/2025 Saturday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
21/12/2025 Sunday	Aksa	Justin	Seethalaxhmi
22/12/2025 Monday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
23/12/2025 Tuesday	Papori Aksa	Tanveer Tamanna	Manjusha Joshua
24/12/2025 Wednesday	Justin Seethalakshmi	Manjusha Joshua	Tanveer Tamanna
25/12/2025 Thursday	Aksa	Seethalakshmi	Justin

26/12/2025 Friday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
27/12/2025 Saturday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa
28/12/2025 Sunday	Seethalakshmi	Manjusha	Tanveer
29/12/2025 Monday	Papori Aksa	Justin Seethalakshmi	Manjusha Joshua
30/12/2025 Tuesday	Tanveer Tamanna	Papori Aksa	Justin Seethalakshmi
31/12/2025 Wednesday	Manjusha Joshua	Tanveer Tamanna	Papori Aksa

Official Contact Numbers:

Joshua	9880004761
Manjusha	7022153232
Tamanna	6364469839
Tanveer	9035703872
Seethalakshmi	9880002971
Justin	8197693209
Aksa	7022173232
Papori	6366921322

CONSULTING PYSCHIATRIST DETAILS

Dr Virupaksha H S Mail ID: virupakshahs@iisc.ac.in	Wednesday: - 5:00pm-8:00pm Saturday: - 2:00pm-5:00pm
Dr Shilpa Sri S K Mail ID: shilpasri@iisc.ac.in	Tuesday: - 2:00pm-5:00pm Friday: - 2:00pm-5:00pm
Dr Virupakshi Jalihal Mail ID: virupakshij@iisc.ac.in	Tuesday: - 5:00pm-8:00pm Friday: - 5:00pm-8:00pm
Dr Adarsh B Mail ID: badarsh@iisc.ac.in	Saturday: - 5:00pm-8:00pm Sunday: - 10:00am-1:00pm
Dr Vidya M K Mail ID: vidyak@iisc.ac.in	Monday: - 3:00pm-6:00pm Wednesday: - 3:00pm-6:00pm
Dr Shailaja B Mail ID: shailajab@iisc.ac.in	Monday: - 11:00am -5:00pm
Dr Harshita H A Mail ID: harshitaha@iisc.ac.in	Thursday: 10:30pm – 4:30pm

PSYCHOLOGIST DETAILS

Savitha M S Landline Number: - 080-22933628 Contact Number: - 6364469840 Mail Id: - savithams@iisc.ac.in	Timings: - Monday, Tuesday, Thursday, Friday:- 9:30am-5:30pm Wednesday: -11am – 7pm Saturday: - 9am – 1pm
Shridhar B G Landline Number: - 080-22933629 Contact Number: - 8310863505 Mail Id: - shridharbg@iisc.ac.in	Timings: - Tuesday, Wednesday, Friday: - 9am – 5pm Monday, Thursday: - 11am – 7pm Saturday: - 9am - 1pm
Swetapragyan Panda Landline Number: - 080-22933818 Contact Number: - 8929789550 Mail Id:- swetapragyan@iisc.ac.in	Timings: - Wednesday, Thursday, Friday: - 9:30am-5:30pm Monday, Tuesday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm
Vasundhara Landline Number: - 080-22933817 Contact Number: - 8077342430 Mail Id:- vasundhara2@iisc.ac.in	Timings: - Monday, Tuesday and Thursday - 10:00am-6:00pm Wednesday, Friday: -11am – 7pm Saturday: - 9am – 1pm/1pm - 5pm
Sanchari Maity Landline Number: - 080-22933627 Contact Number: - Mail Id: - sancharim1@iisc.ac.in	Timings: - Monday, Wednesday, Saturday: - 9:00am-5:00pm Tuesday, Friday: -11:00am-7:00pm Sunday: -9:00am-1:00pm

Face-to-Face counseling services ON CAMPUS for LGBTQ+ community:

Ms.Varsha Agarwal Psychologist	Thursdays: - 11:00am-6:00pm
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