

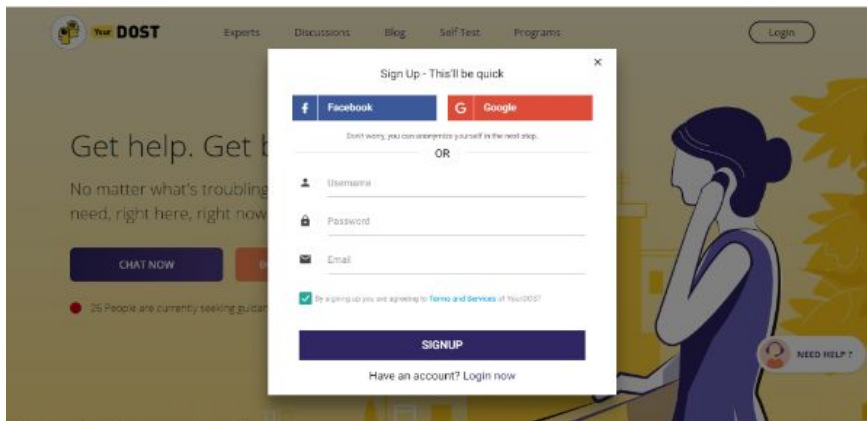


YourDOST

# Book Appointment With the Same Expert

This service is available to you 24\*7, through either chat, audio, or video call. It is 100% confidential and anonymous.

**Step 1:** Visit [www.yourdost.com](http://www.yourdost.com) and sign up using your college email address.



**YourDOST Health Solutions Pvt Ltd**

CIN :U85100MP2015PTC034410

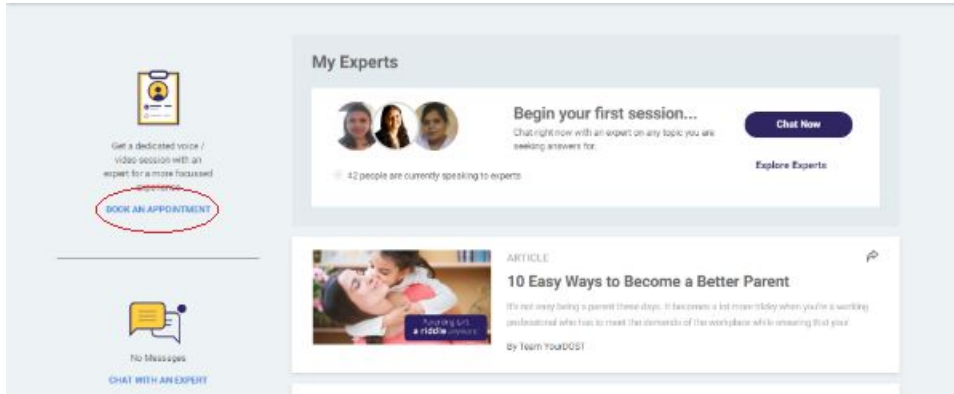
Contact us- [customersupport@yourdost.com](mailto:customersupport@yourdost.com) Website: [www.yourdost.com](http://www.yourdost.com)

Corporate Office:#2739, 1st Floor, 15th Cross, 27th Main Rd, Sector 1, HSR Layout, Bengaluru, Karnataka 560102  
Registered Office: 18-A, Chhatrapati Shivaji Colony, Chunabhatti, Kolar Road, Bhopal, Madhya Pradesh - 462016

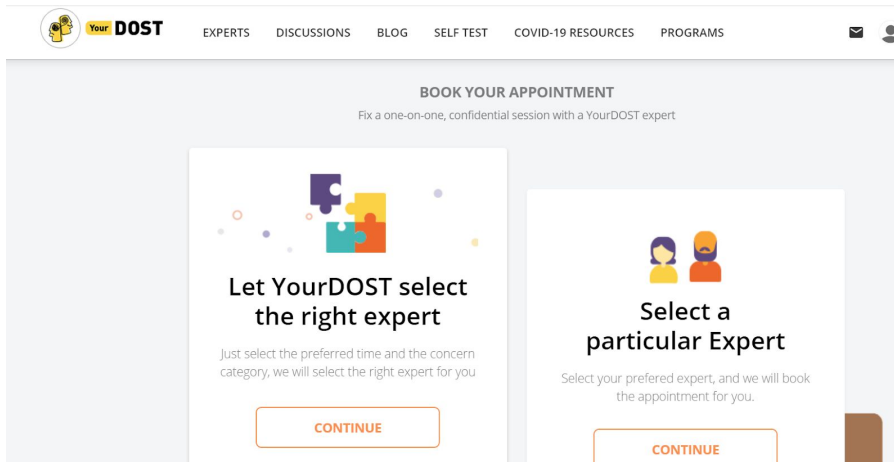


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**Step 2:** Click on "Book an Appointment" to block an Audio or Video or Chat Counseling appointment with a YourDOST Expert at a time that is convenient for you.



**Step 3:** Select the option “Select a Particular Expert” and book an appointment with your preferred expert.



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**Step 4: Search the expert of your choice and click “ Book an Appointment”**

Navigation: EXPERTS DISCUSSIONS BLOG SELF TEST COVID-19 RESOURCES PROGRAMS

Back to Appointment Preference

Search Expert by Name

Expert Name	Profession	Rating	Conversations	Modes	Action
Swati Sapaliga	Psychologist	★★★★★	193	Audio, Chat, Video	BOOK APPOINTMENT
Nidhi Thakore	Psychologist	★★★★★	70	Audio, Chat, Video	BOOK APPOINTMENT
Swati Sunita	Counselor	★★★★☆	230	Audio, Chat	BOOK APPOINTMENT
Jayadev Vijayasenani	Counselor	★★★★☆	56	Audio, Chat, Video	BOOK APPOINTMENT

**Step 5: Select the mode in which you want to take the counselling service, either video, audio or chat.**

CHOOSE YOUR MODE OF CONTACT

Mode	Duration	Description	Action
VOICE CALL	45 minutes	Your Expert will talk to you one on one over a dedicated phone line and work with you to help find the answers you need. Confidentiality is guaranteed.	SELECT
VIDEO CALL	45 minutes	A visual interaction will help your Expert observe your body language and non-verbal cues, enabling optimal therapy. Confidentiality is guaranteed.	SELECT
CHAT SESSION	45 minutes	Your Expert will talk to you over chat on yourdost platform, and work with you to help find the answers you need. Confidentiality is guaranteed.	SELECT

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### Step 6: Choose the date and time that would be convenient for you

**Reema Singh**  
Psychologist

Rating: ★★★★★  
Reviews: 45 reviews

CHOOSE YOUR MODE OF CONTACT

**VOICE CALL**  
Duration: 45 minutes  
Your Expert will talk to you one on one over a dedicated phone line and work with you to help find the answers you need. Confidentiality is guaranteed.

**SELECT**

Wed Aug 12	Thu Aug 13	Fri Aug 14	Sat Aug 15	Mon Aug 17	Tue Aug 18	Wed Aug 19
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**Wed Aug 12**  
Please select a time period.

12:00 PM-01:00 PM

### Step 7: You can review your booking and Click on “Book an Appointment” to confirm your booking

**REVIEW YOUR BOOKING**

< Back to Time & Date

**Your Appointment Details**

Expert : Tashi Gurung  
Date : Aug 14, 2020  
Time Period : 4:00 PM - 5:00 PM  
Preferred Slot : 4:00 PM  
Type : Voice Call

**Please provide us with your contact details**

So we may keep you updated about your appointment's status.

Phone Number  
 Please select incase of International Number

Important communications will be sent here

Category  
So that we know what's troubling you

Sub Category  
Could you tell us a little more?

Should you ever feel the need to open up to someone about your concerns, remember help is always just a click away!

*If you face any issues while registering, please write to [campus@yourdost.com](mailto:campus@yourdost.com)*

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